

THE BIG IDEA CURRICULUM

The Rhythm of Life Sermon 24th April 2010 Trish Williams

Small Group Study for Week of April 24 - 30 Study: Trish Williams

Big Idea

God created a world with natural rhythms of flows and cycles. His intention is for His people to live in sync with these natural movements.

Questions:

1. Why do you think balance is such a popular idea?
2. What about rhythm is attractive to you?

Group Reads: Titus 2:1-8

3. What life seasons does Paul talk about here?
4. What specific message does he have for people in each of these life stages?
 - Older men
 - Older women
 - Younger men
 - Younger women
5. In what way are these messages age appropriate?
6. Which season of life are YOU in currently?
7. Which piece of Paul's advice could help YOU this week?